



*EBPS will develop a future-focused community of life-long, engaged learners where students feel valued and have a strong sense of belonging, supported by caring and dedicated staff.*

## Empire Bay Public School Sport Selection Policy

### **1. Rationale:**

At Empire Bay Public School, sport is an integral part of our school curriculum. Sport is provided on a class, stage, and whole school basis. Representative sport is also available through Empire Bay PS representative teams participating in Zone and Regional Competitions. Individual students may represent the school at Zone, Regional and State Carnivals in a variety of sports.



### **2. Outcomes:**

- Clear and consistent guidelines for selection of individuals representing Empire Bay PS at PSSA Sport Trials
- Clear and consistent guidelines for selection of individuals representing Empire Bay PS in team sports at PSSA Knockouts, or local Gala days.
- Students, parents/carer's and staff have a clear understanding of selection guidelines, as well as the acceptable code of conduct that is expected during school activities whilst participating at school and externally.



### **3. School Based Sport Programs:**

- All students are required to participate in sporting and fitness activities incorporating the 12 fundamental movement skills as part of the PD/H/PE syllabus. Teachers should ensure all students are included and are given opportunities to participate, including those students with special needs for a minimum of 150 minutes broken up over the week. These minutes are broken up into Class, Year and Stage timetabled opportunities for Physical Activity.



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#### **4. School Carnivals:**

**4.1** Empire Bay Public School conducts three carnivals per year. The carnivals are:

- Swimming- Term 1
- Cross Country- Term 1/2
- Athletics- Term 3

#### **4.2 Age requirements for School Carnivals:**

- For all school carnivals the age requirements is a student achieving the specified age during the year of competition e.g. the 8 years races are for children who turn 8 during the year of competition. To compete at PSSA carnivals (Swimming, Cross Country, Athletics), a student must be a minimum of 8 years old.

Ages can be broken up into groupings in two ways:

- 8 years boys, 8 years girls, 9 years boys, 9 years girls, 10 years boys, 10 years girls, 11 years boys, 11 years girls, 12 years boys, 12 years girls, 13 years boys, 13 years girls.

OR:

- Junior Boys (8 years, 9 years, 10 years), 11 years boys, Senior Boys (12 year boys, 13 year boys).
- Junior Girls (8 years, 9 years, 10 years), 11 years girls, Senior Girls (12 year boys, 13 year boys).

For children K-2 who are not yet 8 years old, appropriate activities are arranged in line with School Sport.

#### **4.3 Selection for PSSA- Zone Championships:**

##### **Individual Entry:**

- Empire Bay PS will send a team to the Southern Central Coast PSSA Zone Championships based off performance at School Carnivals. If a talented student is unable to compete at the school carnivals, consideration *may* be given to them becoming *an additional entry* upon proven past performances and results.

##### **Relay Teams:**

- Empire Bay PS will send relay teams to SCCPSSA Zone Championships, these are selected by the School Sports Coordinator and Executive based upon results at the school carnivals. If necessary, selection trials may be held to determine the relay positions.





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## 5. Representative Zone/ Regional Trials:

### 5.1 Belief Statement:

Representing Empire Bay PS provides an opportunity for students to extend their skills and compete against students from other schools. Representing the school is an honour and students who represent the school have the responsibility to compete at all times in a manner that demonstrates strong sportsmanship and exemplary behaviour.

### 5.2 Selection Criteria for Teams:

#### 5.2.1 PSSA Knockout Competitions:

- The school will participate in PSSA Competitions each year organised by Southern Central Coast PSSA and Sydney North PSSA. The Sports Coordinator, in consultation with other staff members will nominate the sports for the following year. The sports each year are voted on by current Year 4 and Year 5 students. After Tallying votes, the top 3 boys sports are chosen, and the top 3 girls Sports are chosen. Additional to these three sports each, Empire Bay PS competes in Netball (mixed), and Rugby League;
- Selection for teams is based on Sydney North PSSA rules. Once each season's sports have been finalised by the PSSA, and the students votes have been collated, teachers in charge are selected for the sports. **The teacher in charge organises selection trials;**
- Trials are held by the teacher after they have been communicated to the children. Teachers must hold two trials, and consult with another staff member (sports coordinator) while selecting students;
- Students do not have to participate in outside-school sport to be eligible to try out for a school team;
- Selection of teams will be based on merit, i.e. those students demonstrating the highest skill proficiency will be selected. Teachers must also take into account the student's school and class behaviour before selecting students;
- Students eligible for PSSA Knockout teams are **Stage 3 students**, although talented Year 4 students may be asked to trial if a space needs to be filled;
- Where there are two students of exactly the same ability, the student from the higher grade will be selected;
- If a child is absent for one of the selection days, due to other school commitments i.e. Zone sports or Selective High School tests, then another trial session may be held to determine if he/she is worthy of selection
- Once selected, students will sign a Code of Conduct in order to represent the school.
- Any student who fails to comply with the Code of Conduct may be withdrawn from the team at any time.

#### 5.2.2 Gala Days:

- Empire Bay PS competes in local inter-school Gala days that are run by Southern Central Coast PSSA. The gala days are non-competitive and a chance for students to participate in a range of sports. SCCPSSA Gala Days are aimed at Stage 2 and Stage 3. Once the school has nominated for a gala day, teachers will be allocated sports, and students will be able to nominate for the sport/s they would like to participate in.



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### 5.2.3 Southern Central Coast and Sydney North Trials- Selection

- Throughout the year, Southern Central Coast, and Sydney North Sports Conveners call for nominations of students to trial for district teams or squads to represent at carnivals or Trials. **Only students in Year 5 and 6 are eligible for these trials.** In rare circumstances a Year 4 can trial if there are no other students wanting to trial, or they display exceptional skills. The Sports Coordinator, after consultation with teachers in charge of sports teams (where applicable), can select or approach students who display the ability and have the necessary experience to trial;
- **If there are more students eligible than the maximum asked to trial, selection trials at school may be held to determine participants;**
- Circumstances where a trial may need to be held is if you cannot separate the student's skill level through experience at a club, grade, and representative level;
- Students may be requested to trial during a break time at school in the sport that they are trialing for, held by either the Sports Coordinator, or the school teacher that is currently coaching the sport they are trialing for;
- After a trial, the supervising teacher will select the allowed number of students to progress to the trial;
- Where there are two students of exactly the same ability, the student from the higher grade will be selected.

If it is deemed that it is not mandatory for a school to select students for representative trials if the required skill level is not matched for that specific sport.





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## 6. Codes of Behaviour

Codes of behaviour provide a supportive framework which promotes fair play and appropriate behaviour in school sport. Students who gain a position in a team will sign a code of conduct. These codes apply to players, teachers, coaches, parents, officials and spectators who together provide the environment in which school sport is played. The following codes apply to school sport at all levels and are designed to highlight:

- The principles of enjoyment, satisfaction and safe play at sport
- That students participate for their own sake and not to fulfil the desires of parents, adult groups or peers
- The encouragement of student participation in sport and, in doing so, contributes to higher levels of health and fitness.
- There is an expectation that all players in a team or squad will attend regular training sessions as designated by the teacher in charge of the team or squad;
- Failure to attend training sessions without a reasonable excuse, as accepted by the teacher in charge of the team or squad, may result in the player given limited playing time at the next game or not competing at a competition.
- Parents may be a good source of expertise for a particular sport or carnival. If the teacher in charge feels that they may need parent assistance in training a PSSA team or for Zone Carnivals or in assisting with school sport, they will approach the Sport Coordinator and Principal before approaching the parent. If the Principal and Sport Coordinator agree that a parent or particular parent will be of assistance, then the Teacher in charge may approach the parent. If the parent agrees, then the appropriate Child Protection forms will need to be completed by the Parent before any contact with students. As well, if the parent is involved with a PSSA Team or Zone Carnival organisation, they must sign a Code of Behaviour before attending these events.
- **However, it is SCCPSSA PSSA policy that NO PARENT may UMPIRE/REFEREE at PSSA games or carnivals (Unless otherwise notified i.e. cricket). They can assist the teacher in charge BUT ONLY THE TEACHER IN CHARGE CAN MAKE DECISIONS OR APPROACH THE PSSA ORGANISATION.**





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## **7. Sports Awards – End of Year Presentation (where applicable)**

The Sportsperson of the Year Award (1x boy, 1 x girl), is presented at Presentation Day to the best performed boy and girl for sport during the current year.

Points will be allocated to eligible students based on the following:

- **School carnival (Swimming, Cross Country, Athletics)**– 4 points for 1<sup>st</sup> in event, 3 points for second in event, 2 points for 3<sup>rd</sup> in event and 1 point for 4<sup>th</sup> in an event.
- **Representing the school in a knockout Team/ zone Carnival** – 2 points per team/ event
- **Representing SCCPSSA in a Zone Team/Carnival** – 3 points per team/event
- **Representing Sydney North in a Team/Carnival** – 5 points per team/event
- **Representing NSWSSA in a State Team/Carnival** – 10 points per team/event

During Term 4, The Sports Coordinator tallies the individual scores based on the table above. The student with the highest point score will be awarded the relevant award. An award is given to both a boy and girl Sports Person of the Year.





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## **7. Review of sport policies, management and procedures**

A review of existing policies and practices relating to school sport with input from the whole school community will help to recognise areas of strength and identify aspects of the program that could be revitalised. Evidence based decisions will achieve better outcomes which can be included in the school's management plan and accurately reflect community needs and requirements.

Empire Bay PS will review sport policies, management and procedures every two years. The review will use evaluation measurements to support any recommendations for change. Our school will explore the following questions in the review:

- How does sport meet our school community needs?
- Where does sport fit within the school's curriculum?
- What does current research say about sport in schools?
- What are student perceptions of school sport and how does this impact on the implementation of sport?
- What resources are necessary to run school sport?
- Are staff aware of, and using resources?
- Are we using the sport captains and other leaders effectively?
- How does sport impact on other activities in the school?
- What are DoE's requirements regarding school sport?
- What are the options for structuring school sport and how do they impact on school organisation?
- Do staff feel confident/competent about delivering quality sport sessions?
- How can staff improve their delivery of school sport?
- Are there accredited courses available to support new teachers?